



Pinch Point Matrix Worksheet

Task

1. Identify 3-6 pinch points
2. Identify strategies to address the pinch points
3. Identify needed resources
4. Refine: Scope and rank what can be achieved

Pinch Points description	Plus-One UDL Strategy	Resources Needed: tools, knowledge, or time to implement Plus-One

Example Pinch Points:

1. **Single Stream or mode of Materials or Technologies** i.e. one format or access point
2. **Single Stream Means of Engagement** e.g. lecture, group discussion, demonstration
3. **Single Stream Means of Action or Expression** i.e. assessments in one format

Reference: Tobin, T. & Behling, K. (2018). Reach everyone, teach everyone: Universal Design for Learning